

## Grant County Health Department

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## For Immediate Release:

## Prepare To "Fall Back" By Checking Carbon Monoxide Detectors

Properly Working Heating and Combustion Appliances and Carbon Monoxide Detectors Save Lives

As we turn back the clocks on November 5th and temperatures continue to fall, Grant County Health Department wants to remind residents to take action to prevent carbon monoxide poisoning.

"As colder weather arrives, we start seeing more carbon monoxide poisonings. The risk increases if furnaces and other combustion appliances have not been serviced or inspected or if they have not been used in some time "said Jeff Kindrai, Director/Health Officer "Now is the time to make sure heating sources and carbon monoxide detectors are in good working order, and don't forget campers and hunting cabins."

On average, carbon monoxide poisoning sends about 500 people per year to the emergency rooms in Wisconsin, according to data from the Wisconsin Environmental Public Health Tracking Program. In Grant County the rate is 8.9 per 100,000 which is slightly higher than the state average of 7.9 per 100,000. These trips to the ER for carbon monoxide poisoning are preventable when people are prepared.

To protect yourself and your family from carbon monoxide, follow these safety tips:

- Make sure you have working carbon monoxide detectors. All homes and duplexes
  in Wisconsin are required to have detectors on every level, including the basement, but
  not the attic or storage areas. Detectors can be purchased at most hardware stores for
  \$20-\$50. Daylight Savings Time is a good time each year to replace the batteries in your
  detector and push the "Test" button to be sure it's working properly. Replace your
  detector every five years.
- Have your furnace or wood-burning stove inspected annually. Hire a professional to make sure it is functionally sound and vents properly outside the home.

- Never run a gasoline or propane heater or a grill (gas or charcoal) inside your home or in an unventilated garage. Any heating system that burns fuel produces carbon monoxide.
- Use a battery-powered detector where you have fuel burning devices but no electric outlets, such as in tents, cabins, RVs, and boats with enclosed cabins.
- Generators should be run at a safe distance (at least 20 feet) from the home. Never run a generator in the home or garage, or right next to windows or doors.
- Never run a car in an enclosed space. If a vehicle is running, you must open a door to the outside.

At high levels, carbon monoxide can cause death within minutes. Symptoms of overexposure to carbon monoxide include headache, fatigue, dizziness, shortness of breath, nausea, and confusion. If you think you may be experiencing carbon monoxide poisoning, or your detector sounds an alarm, head outside immediately for fresh air and call 911.

Visit the <u>Wisconsin Department of Health Services website</u> for more information about carbon monoxide poisoning. To learn more about the Wisconsin carbon monoxide detector requirements, visit the <u>Department of Safety and Professional Services' website</u>.

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